



CLINICAL INTAKE

Name

Date / /

**Ethnicity
Section 1.1**

**Email
Address**

**Complete
Address**

Age / Sex

Phone(s)

Occupation

**D.O.B /
Birthplace** / /

Places lived

**Marital
Status**

**Height /
Weight(lbs)**

**List Major Events of your health history
illness,surgery,accidents,toxin,heavy metal exposure and age
occurred** **Section**
1.2

Please list any present complaints **Section**
1.3

**Do you have any allergies
If yes explain under** **Section**
1.4

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Do you have any of the following :

Comfort	Sensations	Digestion	Other

Which of the following apply :

Appetite	Thirst	Sleep / Emotions	Energy Levels

Describe any pain, stiffness or swelling in your body **Section 1.5**

Grains Eaten Choose all that apply	<p style="text-align: right;">Section 1.</p>	
Legumes Eaten Choose all that apply	<p style="text-align: right;">Section 1.7</p>	
If Eaten Choose all Sweetners and nuts that apply	<p style="text-align: right;">Section</p>	
If Eaten Choose all Meats,Dairy,F ruits and Vegetables that apply	<p style="text-align: right;">Section 1</p>	
Do you have or use the following :		

If deep frying food what kind of oil is used				
Type of spices used				
Ever had house pets during your life (explain)				
Ever Eaten Sushi or Raw Meat (If yes were parasites ever discovered)				
Medications taken list all that apply		Duration	Years	Months
Street Drug History Choose all that apply				
				Section 1.
Women's Health				
Period	Children	Urine		

		Explain in Section 1.7			
Men					
Do you have any issues Section 1.7					
Favorite Colors, Seasons, Flavors					
Tastes		Seasons		Colors	
Describe Current Diet					
Currently on a diet?		Organic%		If so how long?	
Birth Control pill history (list total number of months or years)					
Note: If emailing this form and if convenient please send a recent photo to help with facial assessment					